

Personalized Care Through Sentiment Analysis and Natural Language Processing



Praveen Kumar Verma, Abhay Bhatia

Abstract: *In hospitals and other healthcare organizations, understanding patient feedback helps to exceed in providing top-notch care. Sentiment analysis to enhance patient care is the way to know how patients feel about different service aspects, including processes, infrastructure, treatment, and healthcare professionals.*

Enhancing healthcare with sentiment analysis means removing human bias through consistent analysis, gaining real-time insights about patient satisfaction, and improving standards of care by incorporating patient feedback. In this paper, we will examine several facets of utilizing sentiment analysis for patient happiness, such as the various forms of sentiment analysis, its applications in healthcare, and its precise methodology.

This work intends to guide algorithm selection and progress NLP research by adding to the continuing conversation on advancing sentiment analysis in the context of big data and computational linguistics. These results highlight the adaptability of NLP methods and their potential to enhance patient outcomes, research, and healthcare delivery.

Keywords: NLP, SVM, Machine Learning, Emotions.

I. INTRODUCTION

Sentiment analysis, often called opinion mining or emotion analysis, leverages natural language processing (NLP), machine learning, and computational linguistics to identify and interpret subjective information from text. It plays a pivotal role in assessing attitudes, opinions, and emotions, transforming unstructured data into valuable insights across various industries. In the medical field, sentiment analysis is especially beneficial, as it allows healthcare providers to understand patients' thoughts and emotions regarding treatments, medications, therapies, and general care. Through the incorporation of sentiment analysis into digital therapeutics (DTx), healthcare professionals can obtain real-time insights into patients' psychological and emotional well-being, enabling a level of individualized, responsive care that traditional metrics alone cannot achieve.

One of the core uses of sentiment analysis in healthcare is gauging patient sentiment toward specific medications and

therapies. Patients often express their responses to treatments in online forums, social media, patient surveys, and electronic health records (EHR). By using sentiment analysis, healthcare providers can quantify these subjective expressions to assess the general mood, attitudes, or concerns of patients toward certain medical interventions. For instance, if a new medication for a chronic condition is introduced, sentiment analysis can quickly identify whether the general patient sentiment leans positively, negatively, or remains neutral. It can reveal potential issues that might not yet be statistically significant but are meaningful in real-world usage, such as unexpected side effects or dissatisfaction with effectiveness. This can help medical professionals make more informed decisions on treatment plans and address concerns before they escalate.

The integration of sentiment analysis with DTx is a transformative advancement in patient care. Digital therapeutics, which refer to evidence-based therapeutic interventions driven by software, offer a way for patients to manage conditions via applications and digital platforms. Sentiment analysis embedded within these applications can provide a continuous, real-time evaluation of a patient's emotional state and engagement with the therapy. For example, an app for mental health support that incorporates sentiment analysis could monitor the patient's text-based interactions with the platform. If the sentiment indicates a decline in mental well-being, the system could alert healthcare providers or adjust therapeutic recommendations. This responsiveness is a significant step forward in addressing the dynamic nature of patients' psychological health, especially for conditions like depression, anxiety, or chronic pain management, where emotions significantly impact treatment adherence and effectiveness.

Sentiment scoring and polarity categorization are crucial elements in sentiment analysis, particularly for medical applications. Sentiment scores usually range from -100 to +100, where -100 indicates an extremely negative sentiment, +100 represents highly positive sentiment, and 0 denotes a neutral statement. Polarity categorization classifies text into positive, negative, or neutral categories. This helps in understanding both the degree and the direction of sentiment in patient feedback, which is vital for pinpointing areas needing improvement and areas that are well-received. The data from these scores can be statistically analyzed over time to observe trends in patient sentiment, allowing healthcare professionals to adjust their approach accordingly. Furthermore, tracking sentiment shifts on an individual level helps healthcare providers recognize patterns that may correlate with a patient's emotional or physical health, providing an early warning of potential issues or a need for intervention. Emotion analysis within sentiment analysis delves deeper, moving beyond

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*Correspondence Author(s)

Praveen Kumar Verma, Assistant Professor, Department of Computer Science and Engineering, Kunwar Satya Vira College of Engineering & Management, Bijnor (Uttar Pradesh), India. Email ID: praveenbit08@gmail.com

Dr. Abhay Bhatia*, Associate Professor, Department of Computer Science and Engineering, Roorkee Institute of Technology, Roorkee, Haridwar (Uttarakhand), India. Email ID: dhawan.abhay009@gmail.com, ORCID ID: [0000-0001-7220-692X](https://orcid.org/0000-0001-7220-692X)

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binary positive or negative classifications to uncover complex emotional states like joy, frustration, fear, or contentment. This is especially useful in-patient care, as emotions profoundly influence the experience and outcome of medical treatments. For instance, fear or anxiety in patients might lead to poor adherence to medication regimens, while positive emotions could indicate high levels of engagement and treatment satisfaction. By leveraging emotion analysis, healthcare providers can personalize the patient experience to foster positive emotional engagement and mitigate negative feelings that may hinder treatment success

A. Types of Sentiment Analysis

Polarity detection, emotion detection, aspect-based sentiment analysis, and fine-grained sentiment analysis are examples of common forms of sentiment analysis used in healthcare [8].

i. Polarity Detection

Determines whether the text is positive, negative, or neutral.

Example: "This service is great!" is positive; "This service is terrible!" is negative.

ii. Emotion Detection

Identifies emotions such as happiness, sadness, anger, fear, surprise, etc.

Example: "I am thrilled with the service!" expresses happiness, while "I am frustrated with the delays" expresses anger. This method goes beyond simple positive/negative classification to provide a more nuanced understanding of emotional states, which can be crucial for applications like mental health monitoring.

iii. Aspect-Based Sentiment Analysis

Analyzes sentiments regarding particular features or aspects of a product or service.

It examines particular facets or topics within the service, including the standard of nursing care or the comfort and cleanliness of the hospital room.

Sentiment analysis in healthcare that is aspect-based finds opinions on particular facets of patient treatment. For instance, in "The nurses were very caring, but the room was not clean," the opinion of the nurses is favorable while that of the cleanliness of the room is unfavorable.

iv. Fine-Grained Sentiment Analysis

Provides more specific sentiment scores on a scale (for example, from 1 to 5 stars).

Example: "I would assign a rating of four out of five to this service." This lets you give more specific comments, like "a little more positive" or "a little more negative," instead of broad categories.

Additionally, categories beyond the positive, negative, or neutral represented in polarity detection can be expanded by fine-grained sentiment analysis. So, a review with one star is considered to be very unfavorable, but one with five stars is considered to be very positive.

A significant part of natural language processing (NLP) is sentiment analysis. It is the result of the fusion of machine learning technology and human emotional intelligence.

NLP sentiment analysis can be applied in a variety of ways, depending on whether you choose more intricate end-to-end

solutions or traditional methods.

One classification task in natural language processing is sentiment analysis. Sentiment analysis techniques, commonly called "opinion mining," transform the opinions included in written or spoken language data into meaningful insights. It is among the first NLP jobs that many developers who are new to the field of machine learning attempt to do. This is because deep learning and classical learning solutions already exist, and it is conceptually straightforward and practical.

B. NLP (Natural Language Processing)

Natural Language Processing (NLP) (7) is a subfield of computer science that includes linguistics and artificial intelligence. NLP is concerned with how computers perceive, process, and manipulate human language. It can include tasks such as analyzing the semantic meaning of language, translating between human languages, and recognizing patterns in human languages. It makes use of statistical techniques, machine learning, neural networks, and text mining.

C. The Role of Text Analysis in Patient Care

Text analysis is important in healthcare because it improves patient care. Healthcare practitioners can extract important insights from massive amounts of unstructured data in medical records and clinical notes by leveraging natural language processing (NLP) tools.

Text analysis allows healthcare practitioners to quickly detect patterns, trends, and important information in patient data. This enables more accurate diagnosis, tailored treatment regimens, and prompt interventions.

Furthermore, NLP technologies help to streamline administrative activities like coding and billing procedures. By automating these operations using text analysis, healthcare institutions can increase productivity and eliminate errors.

The incorporation of NLP into patient care improves clinical decision-making while also contributing to better patient outcomes and experiences.

D. Benefits of NLP in Healthcare

Natural Language Processing (NLP) in healthcare provides numerous benefits to the sector. One key advantage is the capacity to evaluate and extract useful information from unstructured text data such as medical notes, research papers, and patient records. This enables healthcare providers to spot trends, patterns, and connections that may not be obvious during manual review [9].

Furthermore, NLP can automate administrative duties such as coding diagnosis and procedures. This not only saves time, but also eliminates errors and increases overall healthcare efficiency. Furthermore, NLP-powered chatbots can improve patient engagement by giving individualized responses to requests and 24/7 support.

Furthermore, NLP facilitates clinical decision-making by allowing doctors to swiftly obtain important information from large amounts of medical literature. Healthcare workers can make better judgments for their patients by using NLP technologies for information retrieval and summarization.

E. NLP Methods for Sentiment Analysis

Since sentiment analysis has many different applications and purposes, we will focus on the most popular kind of system in this introduction: giving text data from any source—such as emails, social media comments, online chats, or even automatically generated transcriptions of phone calls—a positive, neutral, or negative sentiment.

This kind of sentiment analysis can be done in two main ways: deep learning and classical learning. Python is available for both of these methods.

The sentiment analysis system identifies the traits and models that are defined by traditional methods. You may achieve this by:

- Making use of personally created keyword dictionaries,
- Developing a ‘bag of words’,
- Implementing the TF-IDF technique.

It is assumed that we are aware of the terms that are typically associated with both positive and negative emotions when we use a dictionary of manually developed keywords. Let's say if we want to classify reviews of movies, we expect to see adjectives like "great", "super", and "love" in favorable comments and words like "hate", "bad", and "awful" in negative comments. We can define feature vectors by counting the number of occurrences of each picked word. Next, we can train a sentiment analysis classifier on every comment.

It's unlikely that every possible phrase for every sentiment will be taken into consideration and added to the dictionary using this method, which restricts you to terms that must be manually specified. This is when the word bag is useful. We can count the occurrences of any word in our language (or any term that appears at least once in all of our data), as opposed to just counting words selected by domain experts. Although this may lead to much longer vectors, we are sure that we won't omit any important words for the prediction of mood.

The TF-IDF can be thought of as an altered form of the bag of words. We normalize the number of occurrences of particular terms depending on the overall number of occurrences in our data collection and the number of words in our text (comments, reviews, etc.), as opposed to treating every word equally. This implies that our model will be less sensitive to common word occurrences such as "and", "or", "the", "opinion", and so on, and will instead focus on the terms useful for analysis.

The second stage is to choose a model to make predictions, regardless of how you have prepared your feature vectors. There is a wide range of models available. There are a few options: SVM, Decision Tree, Random Forest, and Simple Neural Network. Various models work better in various contexts, and it is very helpful to look further into the potential of each model; nevertheless, this essay is not the place to go into detail on this topic.

With the Python package Scikit-Learn, you can create feature vectors and sentiment analysis models. Other libraries include NLTK, which is highly useful for data pre-processing (for example, deleting stop words) and comes with its own pre-trained sentiment analysis model.

II. LITERATURE REVIEW

In This work tries to calculate the polarity score in terms of subjectivity and polarity through aspect-based sentiment analysis using Textblob and Vader NLP algorithms [1]. The UCI repository's dataset of drug review sentences is utilised. The components of review sentences are identified using the Textblob approach, and they are then classified as positive or negative in order to determine the users' feedback regarding their drug use.

In author discussed about the sarcasm, text that contains can negatively impact sentiment analysis results [2]. The difficulty lies in identifying sarcasm in written materials. When bilingual texts are taken into account, for instance by utilizing Malay social media data, this difficulty is exacerbated. This work proposes a feature extraction approach to identify sarcasm in multilingual texts, namely public comments on Facebook posts linked to economics.

In use of natural language processing and sentiment analysis in conjunction with text mining from the internet to identify symptoms that may indicate a variety of mental health problems presents a significant opportunity for mental health professionals [3]. An extensive review of sentiment analysis and natural language processing is provided in this chapter.

In This paper outlines some of the major underlying issues that need to be addressed and explores some of the current initiatives and upcoming opportunities connected to big data for health [4].

In This paper focused on comparison, sentiment analysis results in the area of health and well-being lag behind those in other domains [5]. It is yet unknown if this is due to the amount of training datasets, the lack of domain-specific sentiment lexica, the choice of algorithms, or the inherent variations between the domains and their corresponding sublanguages.

In This paper shows The Support Vector Machine classifier outperformed other models for sentimental analysis, according to our findings in this research [6]. Sentiment analysis of tweets, customer reviews, brand analysis, and other tasks can be performed with Support Vector Machine [7]. Using the SVM model, we obtained an accuracy of almost 96% on our test data.

A. Collecting Accurate Data for Sentiment Analysis

Data gathering is an important stage in sentiment analysis, particularly in healthcare, where understanding patient sentiment can lead to better care and outcomes. Sentiment analysis takes into account the following data types:

i. Patient Reviews

- Patient reviews posted on websites of healthcare providers, review sites, and other internet resources.
- These reviews can provide direct information about patient experiences and satisfaction levels.

ii. Surveys

- Patients completed structured questionnaires to provide feedback on their care experiences. They may contain open-ended questions or scale responses. Surveys can be used to determine patient satisfaction with care and

address underlying concerns.

- Surveys can be completed after treatment, during follow-ups, or as part of ongoing patient engagement initiatives.

iii. Social Media

- Active participation in social media platforms such as Twitter, Facebook, and health-related forums.
- Social media data can provide real-time information on patient sentiments and emerging difficulties. Social media posts can be more authentic than survey results. Health-specific forums, in particular, highlight individuals' distinct emotional concerns about their illness. The same is true for articles and blogs that focus on certain themes such as patient journeys or healthcare issues.

iv. Electronic Health Records (EHR)

- EHR systems store unstructured data such as clinical notes, patient histories, and discharge summaries. This comprises a comprehensive medical history, a history of therapies, and drug interactions.
- Analyzing EHR data can uncover patterns in patient attitude on their treatments and interactions with healthcare providers.

v. Chatbots and Virtual Assistants

Patients interact with AI chatbots or virtual assistants for initial consultations or continuing assistance, providing real-time data on feelings and worries.

vi. Call Centre Transcripts

- Transcripts of call centre calls might reveal common worries, emotions, and issues about treatments and customer service.
- Ensuring data privacy and regulatory compliance:
When collecting and evaluating patient data for sentiment analysis, it is critical to maintain data privacy and follow any regulations. Key considerations include:

vii. Data Anonymization

- Protect patient identities by removing or encrypting personally identifiable information (PII) from data.
- Properly anonymize datasets needed for analysis to prevent patient identification.

viii. Data Encryption

- Use robust encryption to safeguard data during transmission and storage.
- Only authorized persons should have access to decrypted data.

ix. Regulatory Compliance

- [HIPAA](#) (Health Insurance Portability and Accountability Act): In the United States, HIPAA sets the standard for protecting sensitive patient data. Any entity handling patient data must comply with HIPAA regulations.
- [GDPR](#) (General Data Protection Regulation): In the European Union, GDPR provides data protection and privacy guidelines. Organizations must obtain explicit patient consent before collecting data and process it lawfully and transparently.

III. METHODOLOGY

- Implementing sentiment analysis for patient care

- Performing sentiment analysis for patient care entails numerous processes, including data collection, preprocessing, model training, and evaluation. Here's a brief overview of how healthcare sentiment analysis is commonly carried out:

A. Data Collection

Collect textual data from a variety of sources, including reviews, polls, social media posts, electronic health records (EHR), and chatbot conversations.

B. Data Preprocessing

i. Cleaning

Remove unnecessary letters, punctuation, and stop words.

ii. Tokenization

It involves dividing text into distinct words or phrases.

iii. Normalization

Use stemming or lemmatization to reduce words to their most basic form.

iv. Vectorization

Use TF-IDF or word embeddings to vectorize text into numerical features.

C. Sentiment Detection

i. Lexicon-Based Methods

- Use established dictionaries of positive and negative terms to provide sentiment scores to texts.
- VADER (Valence Aware Dictionary and Sentiment Reasoner) can analyse social media content.

ii. Machine Learning Methods

- Train machine learning models (e.g., Naive Bayes, SVM, deep learning) using labelled datasets with sentiment annotations.
- Use TF-IDF, word embeddings (Word2Vec, GloVe), or contextual embeddings (BERT) to generate numerical characteristics from text.
- Train the model with labelled data and evaluate performance using metrics such as accuracy, precision, recall, and F1-score.

iii. Deep Learning Methods

- Use advanced NLP models such as RNNs, CNNs, and transformers (e.g., BERT, GPT) to capture context and nuances in text.
- Improve accuracy by fine-tuning pre-trained models using relevant datasets [8].

D. Model Training and Evaluation

- Use vectorized, pre-processed text data to train the model.
- Use a different test set to determine the model's performance.
- To assess the model's efficiency, consider metrics such as accuracy, precision, recall, and F1-score.

E. Sentiment Scoring

- Assign scores based on positive, negative, or neutral sentiment.
- Identify emotions like happiness, sadness, and rage.
- Determine the sentiment

surrounding specific aspects or qualities of a product or service.

▪ Tools and technologies for sentiment analysis

i. Natural Language Processing Libraries

- NLTK (Natural Language Toolkit): A popular Python module for dealing with human language data.
- SpaCy is an open-source Python package for advanced natural language processing (NLP) with high speed and accuracy [9].

ii. Machine Learning Models

- Naive Bayes: It is a simple yet effective text classification algorithm.
- Support Vector Machines (SVM): Used for sentiment classification tasks.

iii. Deep Learning Models

It includes Recurrent Neural Networks (RNNs), Convolutional Neural Networks (CNNs), and transformers like BERT and GPT for advanced sentiment analysis.

iv. Sentiment Analysis APIs

- Google Cloud Natural Language API offers extensive sentiment analysis capabilities.
- IBM Watson Natural Language Understanding provides text analysis features, including sentiment analysis.
- Microsoft's Azure Cognitive Services includes Azure Text Analytics API, which offers sentiment analysis and other natural language processing capabilities.

v. Data Processing Tools

- Pandas is a Python package for data manipulation and analytics.
- Scikit-learn is a Python machine learning package that works with natural language processing technologies to create sentiment analysis models.
- Training sentiment analysis models (supervised vs. unsupervised learning)

F. Supervised Learning

In supervised learning, models are trained on labelled datasets in which each text sample is assigned a sentiment (positive, negative, neutral, or specific emotions) [10].

Process:

- Collect a large dataset of text samples with identified sentiment labels.
- Extract features from text using TF-IDF or word embeddings.
- Train a machine learning model (e.g., Naive Bayes, SVM, deep learning) using labelled data.
- Validate the model with a separate test set and measure accuracy, precision, recall, and F1-score.

Advantages: Improves overall accuracy and can be fine-tuned for certain domains.

Challenges: Requires a large amount of labelled data, which can be time consuming and expensive.

Unsupervised Learning

Unsupervised learning models use unlabelled data to discover patterns or clusters within text that may represent sentiment.

Process:

Data Collection: Collect text samples without sentiment

labelling.

- Clustering: Use clustering methods, such as K-means or hierarchical clustering, to organize comparable text samples.
- Sentiment Lexicons: Use prepared dictionaries with positive and negative words to provide emotion scores to text clusters.
- Topic Modelling: Use Latent Dirichlet Allocation (LDA) to discover prevalent themes in the text.

Advantages: It does not require labelled data, which makes it easier to deploy when such data is not available.

Challenges: Typically, less accurate than supervised learning, and may require more complex or context-specific attitudes.

G. Challenges

i. Enhancing Customer Experience Based on Feedback

Sentiment analysis can help healthcare workers improve patient care by assessing positive and negative sentiments. Analysing positive feelings aids in the retention of positive parts of care, hence increasing patient satisfaction. This might involve paying effective employees or investing more in popular digital services such as appointment booking. Recognizing negative sentiments assists in identifying opportunities for change by identifying patients' common sources of frustration.

Sentiment analysis can identify areas for improvement in healthcare services, such as appointment scheduling, cleanliness, and nursing professionalism [12].

Real-time sentiment analysis of patient feedback enables timely response to emerging issues. Patients can report issues with air conditioning during hospital stays [13].

Healthcare facilities can use open sources to compare their services to those of competitors. Predictive analytics can enhance healthcare facilities' competitiveness by using patient preferences and satisfaction levels. Overall, patient care sentiment analysis provides a better understanding of patient demands. This results in higher customer satisfaction and patient retention [14].

ii. Evaluating Healthcare Professionals' Feedback

Improving the work environment and the standard of patient care requires an understanding of the feelings and viewpoints of healthcare professionals, such as physicians, nurses, and staff [15].

Healthcare organizations may enhance processes, reduce fatigue, and raise worker morale by identifying trends and attitudes in this feedback and making well-informed changes. Better patient care and better overall healthcare results are frequently the result of happier and more contented healthcare providers [16].

iii. Monitoring of Social Media Attitude to Healthcare Issues

One way to use sentiment analysis to improve patient care is to keep an eye on social media for conversations about public attitudes toward healthcare. This includes thoughts about a specific medical professional, specific drug, proposed legislation, or immunization program. This information can be applied to maintain a good reputation and for marketing

objective.

iv. Predicting Public Health Trends and Disease Outbreaks

Monitoring a rise in Twitter mentions of flu-like symptoms in order to spot a possible outbreak in a particular area ahead of official reports.

Monitoring Facebook conversations concerning the adverse effects of vaccines in order to correct disinformation and boost public trust in immunization initiatives.

Monitoring social media sites like Reddit for increasing interest in new nutritional supplements or telemedicine as alternative health practices to keep up with public demand and regulatory requirements.

v. Identifying Adverse Drug Reactions

Patient reviews, questionnaires, and social media discussions can be used to gather data on adverse drug reactions in healthcare settings using sentiment analysis. Pharmaceutical companies use this information for drug safety monitoring and product enhancement.

Researchers can investigate factors such as the intensity of reactions, the situations under which they occur, and previously unidentified interactions with other pharmaceuticals. Healthcare providers can also benefit from customizing a patient's treatment based on recognized risk factors.

IV. CONCLUSION

To gain a deeper understanding of your clients' opinions about your goods and services, sentiment analysis is used [11]. When big datasets were involved, the previous techniques of producing these results frequently required weeks of study and reporting, which delayed the possibility of making any useful improvements.

The amount of processing time needed for sentiment analysis is greatly decreased when AI, NLP and LSTM are used, especially when working with large datasets. Building algorithms and training the models will take up the majority of the time in this procedure, but these tasks can be completed beforehand. After the process has been trained, data can be entered and processed to provide outcomes considerably more quickly.

DECLARATION STATEMENT

After aggregating input from all authors, I must verify the accuracy of the following information as the article's author.

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AUTHOR'S PROFILE



Praveen Kumar Verma is working as Assistant Professor in Department of Computer Science and Engineering at Kunwar Satya Vira College of Engineering & Management, Bijnor Uttar Pradesh. He did his B.Tech UPTU Lucknow and M.Tech from GBPEC Pantnagar Uttarakhand. He is having more than 14+ year of experience with severa patents, indexed papers and book chapters. He is fitness freak too and a regular yoga practitioner.



Dr. Abhay Bhatia is Working as Associate Professor in Department of Computer Science and Engineering at Roorkee Institute of Technology, Roorkee, Haridwar Uttarakhand. He is having 12+ years of academic experience and worked with various reputed engineering institutions. He has completed his B.Tech in Computer Science and Engineering from AKTU (formerly UPTU), M.Tech in Computer Science and Engineering from Rajasthan and Ph.D. in Wireless Sensor Networks. He is currently an active member of IEEE as well as a reviewer for several journals too. He is having distinguish record of research papers with 23+ Indexed, Scopus, IEEE and SCI papers. He also visited many institutes for guest lecture on various upcoming research. Moreover 5 patents with 5 book chapters are also in his bucket, he is also author to a book on IoT, as a researcher with research area of Artificial Intelligence, Machine Learning, Image Processing and Wireless Sensor Network his work is up heading to great research.

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